



LRC Competition Policy 2012

This 2012 Competition Policy updates the the LRC Competition Policy 2011 released and implemented in May 2011, and creates an Advisory Group to replace the Selection Panel.

The aim of this update is to take the club through the second major part of the 2011–12 rowing season by providing a broad framework for LRC members as they work towards the principal regattas. These are the NSW state championships in mid-February, the Trickett Regatta at the end of March, and the NSW and Australian masters championships in May.

Goal

For Leichhardt members of similar ability and commitment to form crews which provide a maximum number of members an opportunity to be boated and coached in training, thence entered in regattas with the intent of achieving results in racing which:

- place the club in the top 50% of entries
- win the Rowing NSW Club Premiership.

Objectives

- To promote and encourage crews being formed in eights, fours and quads as the primary boats.
- To support training programs that dedicate a minimum 70% of on water training time to primary boats.
- To encourage small boat training in singles, doubles or pairs only as a member's secondary or tertiary boat which shall consume not more than 20% of on training water time.
- To prioritise race entries in primary boats.
- To allow multiple entries for a member in a regatta only when a top six or better finish is likely.
- To support entries in interstate and national events for crews and scullers who have achieved results in lead up regattas that demonstrate the potential to qualify for the A final in their class of boat.
- To promote participation in national and state selection time trials and events, including camps, when a crew or sculler consistently demonstrates results in training and racing that would place a member in the top 110%; when 100% is equal to the total team members when selections are made [ie in the next 10% after selections are made].

Delivery

To support the goal and deliver the objectives of the Competition Policy 2012, coordination of coaching services will be the responsibility of the Captain with the support of an Advisory Group.

Advisory Group

The Advisory Group will be established by and report to the Captain.

The role of the Advisory Group is to support and advise, in consultation with the Captain, the on-water operations of coaching services to meet the Competition Policy objectives. The role may include assisting and supporting the coaches as well as helping members.

Anne Parbury
Captain
January 2012