



## Corporate Challenge 2011

# Official Program

## Leichhardt Rowing Club

### Corporate Challenge Regatta

*Sunday, 11 September 2011*

*Sydney International Regatta Centre*

Competing for Industry Cups

The LRC Corporate Championship Cup

The LRC Corporate Championship Plate



“As I’ve gotten older, I realize I’m certain of only two things. Days that begin with rowing on the Bay are better than days that do not. Second, a man’s character is his fate.” *William Hundert*      *Photo: Nick Garrett*



## Introducing our Corporate Challenge Crews—in their own words!



### “Abi-gr8”

**Abigroup**

**Coach: David Hogan**

**Stroke: John Grant**, the fading glamour boy of the team, his insistence on lycra being part of the team uniform a sign of him harking way back to his days as Cleo Bachelor of the Year nominee

**7: Peter Steur**, the new glamour boy of the team, has plenty of stories about his surf boat team, some of them even involve rowing

**6: Roger Volkmer**, the senior member of the team with a metronomic style and laconic approach who anchors down the engine room

**5: Michael Hall**, writes a lot of emails, organises stuff, tries to row with mixed success.

**4: Matt Kirkwood**, the quiet achiever of the team, consistency and focus the key for this young bloke

**3: Stephanie Vining**, the rose between 8 thorns. Steph is another rower on the rise after picking up an oar for the first time.

**2: Michael Easton**, his experience would indicate Novice, his propensity to give advice in the boat would indicate Supercoach. An improver with his sights set on rowing glory.



**Bow: Jaime Pontey**, a novice rower looking to translate his financial wizardry into rowing poetry

**Reserve: David Drew**, a consistent performer who put in an early entry for world’s tallest Cox

**Cox: John Scevola**

**Coach: Dave Hogan**, A mix of philosopher and technician, his wisdom has guided the team through the fog of the early morning tribulations to the nirvana of a boat gliding effortlessly through the fluid. Dave’s firm belief that rowing is a metaphor for life has gained traction within the impressionable minds of the Abi crew.



### “Down on Bow”

**CIP**

**Coach: Steve Duff**

**Stroke: Phoebe Lynch-Grant** Phoebe has stepped up as the team professional setting the standard for all Corporate Boats. With certain grace and a disarming smile, no one would pick this young lady as the ubiquitous leader and the boat’s one true hope for a shining and glorious result on Sunday.

**7: Andrzej Masztak** Long and lean this splashing machine is rowing his own race from number 7. Known to have ripped riggers from the side of boats and beaten to death any in front daring to row in time with stroke the team knows they can rely on this finely tuned rowing weapon.

**6: Charles Treloar** If you bred Arnold Schwarzenegger with a Golden Retriever, you get number 6! This gentle giant absorbs most of the bitching and keeps it from moving through to the rest of the crew. Although quiet at times has the ability to roar and push beyond the pain barrier to get the job done.

**5: Jason Shepherd** Unaware he’s left the waves of Tamarama he’s still wearing his surf life saving cap in the mornings. To everyone’s great joy he has sustained the boating on rocking rolling rapid pace all the way! A true performer he’ll be one to watch at the next Surf Life Saving event and may even turn up at Penrith.

**4: Andrew Simpson** With eyes still agog from watching the PLC first eight, it is with great reluctance Andrew turns his attention back to the oar. Once his mind is in the boat, there is no stopping this dynamic wizard of the water. He rows in perfect synergy with himself and occasionally moves to the catch with the rest of his team. A true performer and one to watch.

**3: Robert Saunders** Having no previous rowing experience, he has been called up to the Australian team to compete in Manchester. Putting up with his CIP team mates, who have been both annoying and frustrating for this natural born rower, the team apologizes in advance to this serene rower for our lowly efforts.

**2: Therese Lynch** With a gentle motherly demeanor, this balancing queen tries her best to keep the boat



level and the crew grounded, although sometimes she catches nothing but cold morning air. Always the competitive person, it is her expectations for the team's success on Sunday that keeps the crew turning up at dawn to face the cold winds on Iron Cove.

**Bow: Anne-Kristin Kahra** Often found stumbling around the Rocks in full Lederhosen kit, this fun loving German has taken up the stocks and is setting the pace from bow in "Team CIP". Not to be underestimated, if the rest of the boat can only keep up with this rowing leviathan, the Corporate Cup will certainly be coming home to the CIP HQ.

**Cox: Vince Lombardo** Small and hairy this man has what it takes to stay warm on the chilly August mornings without the need of a tracksuit. Inspiring both, the fear and courage, from his rower's the lash from is coxswain's whip is only matched by the lash of his relentless tongue. It is a brave rower who steps out of line when being lead by this animal of destruction.



## "Pumping Oars"

**Henry Davis York**

**Coach: Matthew Campbell**

After a promising start to the season (including a round-trip to the Harbour Bridge and an intensely inappropriate "name this crew" competition) the Pumping Oars crew was decimated with drop-outs due to weddings, the flu and injuries (including a few "heartlages").....Never ones to give in lightly, the Pumping Oars swiftly called in some large favours and are back up to full fighting strength. Unphased by the prospects of having only one training session together as a full crew, the Pumping Oars are looking forward to firing

through the competition on Sunday. As the team motto goes: "Real crews pump oars, the rest just splash"

**Stroke: Rod "the lead weight" Hawkins:** The oldest and least fit member of the crew. What he lacks in the contribution stakes he makes up for in the complaining department (usually about everybody else not keep up with his unpredictable timing).

**7: Tess "the metronome" van Weerdenburg:** The real pacemaker and only pure-breed rower in the crew. Rumour has it that she secured her job solely off the back of her rowing experience....time to earn your pay Tess, no pressure.

**6: David "Power House" Buxton-Forman:** According to Wikipedia "It is common practice among crews to put the physically strongest rowers in the centre.". We followed Wiki's advice.

**5: Luke "certified crab free" Chapman:** Like his turbo charged XR5, Luke takes a while to get going but...well that's about it actually.

**4: Vincent "the silent assassin" Giang:** The quiet achiever of the crew. Vincent has gone from a complete novice to a leg-driving, snappy-catching machine who feels at home in the engine room of the boat.

**3: Nina "super sub" Mennacher:** Like Peter, Nina has answered a late HDY SOS call and will be coming off a very short run up. All is not lost though, she only has one hobby - doing 2k ergo repeats.

**2: Peter "the weekend warrior" Frazis:** Peter is a race day specialist who has been thrust into the crew after answering a late call up. Some may say he is underdone; Peter thinks training is for people who don't know what they are doing.

**Bow: Petros "the Greek God" Macarounas:** The word Peter in Greek is Petros, which means "a piece of rock". Enough said.





## "HDY Clean Sweeps"

**Henry Davis York**

**Coaches: Rebecca Storen & Jane Hutchison**

After success at last year's regatta, HDY team 'Henry the Octopus' retired, and one half of the team reformed as the 'Clean Sweeps'. Undaunted by their lack of technical ability, the Clean Sweeps' catch phrase of a morning has been 'do you want to race' called out to any crew within earshot. The offer has generally been declined, and the Clean Sweeps remain naively confident that they may do OK on the day.

Team members of the Clean Sweeps are:

**Stroke: Anna "Stretch" Simmons.** The member of the crew who is actually built to row, Anna has been told to shorten her stroke and generally row less well, a bit like the rest of the team.

**7: Tom "school boy champion" Macdonald.**

According to the coaches " You can tell Tom rowed at school. He has the school boy aggro in his stroke." Watch out old guys!

**6: Michael " Bummo" Bampton.** As the father figure to the group, the rest of the team look up to and respect Michael's guidance and wise words - not! To be fair though, his rowing style is not half bad, and he sets a standard that team members half his age find hard to keep up with.

**5: Ben "Mr Australia" Wilford.** Not comfortable that his Mr Australia tracksuit top was noticeable enough, Ben added cheerleader socks to the ensemble and now proves the old adage "rowing is not a fashion parade". What Ben lacks in the rowing fashion stakes he makes up for in muscle power.

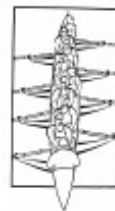
**4: Ben " the quiet achiever" Tyler.** Ben came to racing as a complete novice, found himself in 4 seat and hasn't looked back. Which suggests that he has been paying attention to Bec's instruction to 'keep your eyes in the boat'.

**3: Ben " sleep is for wimps" McCosker.** Dedication to the team, the firm and some upcoming exams has seen Ben ditch sleep as an overrated luxury. Ben, if you do well in the race, we'll give you the afternoon off.

**2: Kathy "team captain" Merrick.** They say those who can do, and those who can't - organise others

and take all the glory. This is Kathy's plan again this year, and so far it has been working pretty well.

**Bow: Christian "out of sight" Slater.** This new kid on the block is an ambitious novice. Having already mastered the arts of crab-catching, skying and air-stroking, Christian has his sights firmly set on his latest pursuit: rowing.



## "Regener8"

**Joeys Old Boys & Parents**

The 'Ocean's 8' of corporate rowing. Always looking to hustle high roller corporate regattas and steal the silverware.

**Stroke: A Patterson**

**7: G Curtin**

**6: S Patterson**

**5: M Ball**

**4: M Flannery**

**3: K Hughes**

**2: S Fredriksson**

**Bow: R Redwin**



## "LRC Ladies"

**LRC**

**Coach: Charles Bartlett**

**Stroke: Caroline Vernon**

**7: Anna Cicognani**

**6: Barbara Chapman**

**5: Maree Zammit**

**4: Marilyn Ramage**

**3: Keren Bateman**

**2: Doreen Borg**

**Bow: Jan McClelland**

**Cox: Sandra Triulzi**



## “Lunchtime Legends” LRC

**Stroke:** Cran Mallin  
**7:** Mark Brooks  
**6:** Rowan Mitchell  
**5:** Jim Harrowell  
**4:** Rhys Morgan  
**3:** Andrew Henderson  
**2:** Gary Phillips  
**Bow:** Paul Hackett



## “NSW maROWtime” NSW Maritime Coach: Tim Tindale

Returning for a third year, after a somewhat surprising performance at last year’s Corporate Regatta, NSW maROWtime has spent the past four weeks lurking around Blackwattle Bay under the guise of the mystery *‘out of area’* team. In order to stay one step ahead of the pack, NSW maROWtime this year decided to change things up and were instead found training under a veil of secrecy at Glebe Rowing Club. It is rumoured that they have been utilising a range of top secret and highly experimental training techniques resemblant to those not seen since the Cold War.

Having gained several new team members this year, the new look maROWtime team comprises none other than: James *‘Stroke.....Stroke....’* Cother, Blake *‘Hey.. balance the boat!’* Hornsby, leader of the *M.O.D Squad* Howard Glenn, Mike *‘Raa Raa’* Ruse, BSO Dave *‘Lippy’* Lyons, Luke *‘Raise the Crazy’* Hegarty, Jacque *‘The Olympian’* D’Arcy-Bean, Susan *‘The Viking’* Norbom, David *‘The Money Man’*



Chieza, Ben *‘certainly gives me the goolies’* Gooley and last But nowhere near least Warwick *‘the man of Movember’* Scott.

The team would especially like to thank their coach, Tim Tindale, part time cox Simon *‘I’m loud enough without a cox box’* Walter and the Glebe Rowing Club for their outstanding support.



## “Pymble Wizards” Coach: Manju Muthucumarana

**Stroke:** David Reeve  
**7:** Shane Robinson  
**6:** Craig Whiteley  
**5:** Michael Riley  
**4:** Michael Kavanagh  
**3:** Grant Steward  
**2:** James Radford  
**Bow:** Time Ryan  
**Cox:** Doreen Borg—LRC



## “Chicks Afloat” Transport Construction Authority Coach: Anne Parbury

**Stroke: Anna Bradley** The blonde bombshell from our Environment and Planning Team. Looks may be deceiving, so get out of her way. She may like hugging trees but she will show no mercy to her crew when it comes to the hard work and other crews get out of her way or else

**7: Pip Hendy** Looks like Snow White, rows like all seven dwarfs rolled up into one. Singing her little ditty of Hi, Ho, Hi, Ho as she rows like the demon. She finds herself in the other end of the boat this time around. If you have a chance to check out the hallowed walls of LRC you will find her in 2 seat of the U19’s National 8’s – year not known.

**6: Justine Tully** Miss Tully is our little yelper. Yes “yelper”. Should the boat go a little off balance you can hear this little “YELP” from the 6 seat. It’s pathetic really but it doesn’t stop her from rowing. She currently holds the crew “crab” record. Too many to mention but her recoveries are amazing.

**5: Jenny Williamson** Jenny is the offspring of a former Olympic rower and a dancer so you would

think she would be a fantastic rower, light and airy with the will to succeed; and you would be right. No one is as quick on the slide as Jenny is. We tried to catch her but there was wind beneath her seat.

**4: Leone Norman** Has slowly been moved further and further down the line as the weeks have gone by. It's about here that the boat starts to get thinner so easy oar. Comfortable in number 4.

**3: Katie Brennan** Katie signed on to row with the idea that it involved a leisurely row with a Pimms for company. Memories of an easier life in good old merry England. In a moment of weakness one Friday afternoon she put her hand up to row. She says she has no regrets and loves every minute of it. The rest of the crew are all feeling a bit left out as the coach only wants to talk to her during training.

**2: Kirstie Wills** We don't hear a lot from the front of the boat. Kirstie is the quiet achiever. We don't know if she is actually rowing or just making the boat look pretty. Either way she is an integral part of the crew and we couldn't do it without her.

**Bow: Anna - LRC** Anna has also volunteered to join our merry band after an illness forced an early retirement of one of our crew. It is a battle to see who is the quieter between her and Kirstie. Another brave sole from LRC sacrificed to Chicks Afloat. One wonders if our boat would be named "Chicks Abobin" if Anna wasn't on hand to "Set the Boat up" for us.



**Cox: Nivi - LRC** Nivi who volunteered from LRC to help us out by coxing for us. Brave girl but she needs work on her landings.

**On the Hill: Justine Gray** Our brave Justine is the crew member that unfortunately had to retire due to ill health. We had a hard time keeping her out of the boat. She even turned up one morning, oxygen bottle in hand saying lets go, I am ready. Alas it was not to be. If you look up on the hill Justine can be

seen supporting her sister rowers with a tear in her eye, in spirit or grape??? – whichever is her "medicine of choice". There is always next year Justine. Your seat is booked.

**Coach: Anne Parbury** For those that don't know Anne she is the one that follows us around in a tinny, yelling (and I use the term loosely) out instructions and drills and more instructions. She has worked tirelessly to get us to where we are today, a lean mean chick's rowing machine. Thanks to Anne, we can now take a catch together, rock forward like you've never seen before and lay back like you never want to see again. If we had one complaint it would be that she has favoured some above others. We forgive her for this but she does need work on her vocals.



**"Guys Guys "**

**Transport Construction Authority**

**Coach: Guy Elron**

**Stroke: Graham Watson** Graham is the veteran of the boat in experience, age and....no that's it. Again taking on the task of guiding the novices of TCA to hopefully show the rest of the crews just what you can do with a good stroke. He leads by example and will get his crew over the line even if he has to row the whole boat by himself.

**7: Peter Hayes** Despite a number of wild air swings and occasional crabs, he has to date avoided any oar in the back; this is quite likely due to the skill of Dave in number six. Peter's only previous rowing experience happened while living in a boat access only community on Scotland Island in Pittwater, however this experience was limited to rowing his tinnie between Scotland Island and Church Point when the engine failed to start or the petrol tank was empty, how he wished for seven mates to help out on those occasions. Peter makes use of thighs honed through hours on the bike to maintain a steady pace. It has been reported that Peter is the holder of the Crab record for this boat. Especially special as it was achieved in one session.

**6: David Seville** It's been a new experience for the big fella at number 6. The 5 times tiddly winks champion is now turning his hand to rowing with the same prowess and determination it takes to

pop a wink. Dave brings OARsome power to the stroke side and plenty of ballast to steady the boat through the choppy waters. Extra staff had to be employed to fashion his custom made rowing apparel and the fatted calf has been slain to feed the beast.

**5: David Jones** David's surfboat rowing career was short lived. Realising that you were only permitted to row if you wore your Speedo's North of never meant that David felt rowing wasn't for him until now. But the smile on his face when told no wedgies were required said it all and he was in. Slotted into the "powerhouse" seat of the boat, David's physique though featherweight is very deceptive. He will have the other crews wondering where the power comes from. His technique is not to be believed and he has brought a new sense of fashion to rowing surpassed by no other, dressed for each rowing session in his designer camouflage compression tights. Orders upon request.



**4: Fil Cerone** Fil's sight is starting to play up on him because he thought he had joined up to TCA's "Mowing" team and was looking forward to sitting on a range of fancy ride on lawn mowers while cutting a swathe through suburbia. He has been keeping this secret to himself over the past 5 weeks because he doesn't want to be considered foolish. Rowing, on the other hand, has not been simple for Fil. He nods whenever Guy makes a point, as if he understands, but recent video evidence has revealed otherwise.....

**3: David Kranjc** David has not so much as even dog paddled before getting into the boat with this lot. Settling in as Rower No.3 he is still mastering the catch, stroke and feather – and that's only while doing the dusting at home. Its

clear from his blood shot eyes and tousled hair that he is truly revelling in the 5am starts. Known for his quiet temperament aboard the SS Barry Moynahan he has a good grip on the situation with his feet strapped in he can be counted on to apply plenty of pressure in the back third of the race where it counts. Needless to say that the countless hours spent at CRUNCH on the Erg will stand him in good stead for this crew

**2: John Robertson** John has returned from a lovely holiday – which he took mid training – to row his little heart out for his crew to make amends for his tardiness. He intends to row twice as fast as everyone else so if you see a blur in the 2 seat it is probably Jonno; sliding like the clappers willing his fellow workmates to follow his lead.

**Bow: Aaron BOWden** has been placed in the seat he was named after for the sole purpose of wanting to be first past the finish line and therefore the first to be able to stop rowing. He has always wanted to be first in line and now is his chance. His life is full of attempts at taming the element of water with not a lot of success. This is his latest attempt. Aaron BOWden took to the water at LRC with a gusto and enthusiasm that has daunted, nay scared his fellow crew members. What he does with his oar in the BOWden seat is something that his team are glad they cannot see. He says he has massive quads and is explosive at the catch. You be the judge.

**Super Sub:** James White will be taking over the reins for an injured or potentially injured John Robertson in 2 seat. James, the GM for Property is the Hokey Pokey member of our crew. He's in, He's out, and He's in again. Mistaking rowing for football he put his hand up to be on the bench as the reserve, thinking he would be safe and could remain snuggled up in his little bed. Thanks to Jonno and his torn quad (muscle not boat for those in the know of the row) James has had to step up, reset his alarm and suck it up for the team and shake it all about.

**Cox:** LRC The cox is a wisp of a girl, with patience, beauty, brains and guts galore for getting in the boat in the first place. How she must love the sport to be willing to risk her life for these 8 poor souls who seriously believe they can row only after 8 practices – "Did she just say that out loud"??????????????

**Coach:** A man with a heart of gold who can be seen day in, day out wearing his complimentary TCA Jacket. Proudly displaying the name "COACH" on his bow side. His only complaint about his crew is the fact that he has not as yet received a hat – It is in the mail.



### "Kiss My Stern"

**Transport Construction Authority  
Coach: Dean Patterson**

**Stroke: Gary Davey** And they say that a lack of rhythm is a drawback in the stroke position. From humble beginnings in the six seat to setting an unusual and rather snappy rhythm for the entire team. The stroke's ability to instantaneously stuff the team never ceases to amuse him.

**7: Mark O'Shea** Proof that leprechauns do exist and can actually row. The only man to get a three day growth by the end of the rowing session.

**6: Andrew Gay** Andrew is a LRC Corporate veteran since 1999 or 2000 (can't remember exactly which as the memory is dimming). After a break last year he's back into the fray. As a result of some crew shuffling to balance the stroke vs bow side thrust, Andrew is attempting to shoehorn a 6' 6" frame and accompanying stroke length in the 3 seat between two significantly shorter rowers – the 4 seat could be sporting a few bruises in the back before today is over!

**5: Scott Lyall** Scott was such an unenthusiastic starter that were serious bets on when he would drop out. As it turned out, when he finally ran out of excuses and could no longer take the endless cruel jibes from his EA, he has actually grown into the five seat and now punches well above his weight.



**4: Steve Hayes** Unbelievable that one man can turn an entire team against him in such a short period of time. Steve was a late starter for the year but has reached a rowing ability commensurate with his height.

**3: Paul Badra** This is Paul's third or fourth shot at rowing in the Corporates. The first time Paul rowed it was a complete life changing experience he lost weight got fit and turned into a new man. This time it is more of a day changing experience however there is still hope.

**2: Dylan Hutchinson** Famous for his increasingly painful attempt to coax a semi-sensible response to the vexed question of the team name from the remainder of the TCA team.

**Bow: Paul (Rowdy) Hunniken** The quiet man of the team The rest of the team are unsure whether he is still back there.

**Cox: Tim Magrath** The team is still amazed (and now rather worried) that Cox Magrath in his day job is actually responsible for counting up how many millions of dollars TCA gets through on a monthly basis. To Tim the concept of counting still appears somewhat novel and open to pretty much random and ever changing patterns.

## **GOOD LUCK TO ALL THE CREWS**

**More rowing anyone? Feeling inspired and want to continue on from your Corporate Challenge experience? The next Learn to Row program starts soon at Leichhardt Rowing Club, and is no charge to Corporate participants. See our website for details. [www.lrc.com.au](http://www.lrc.com.au)**

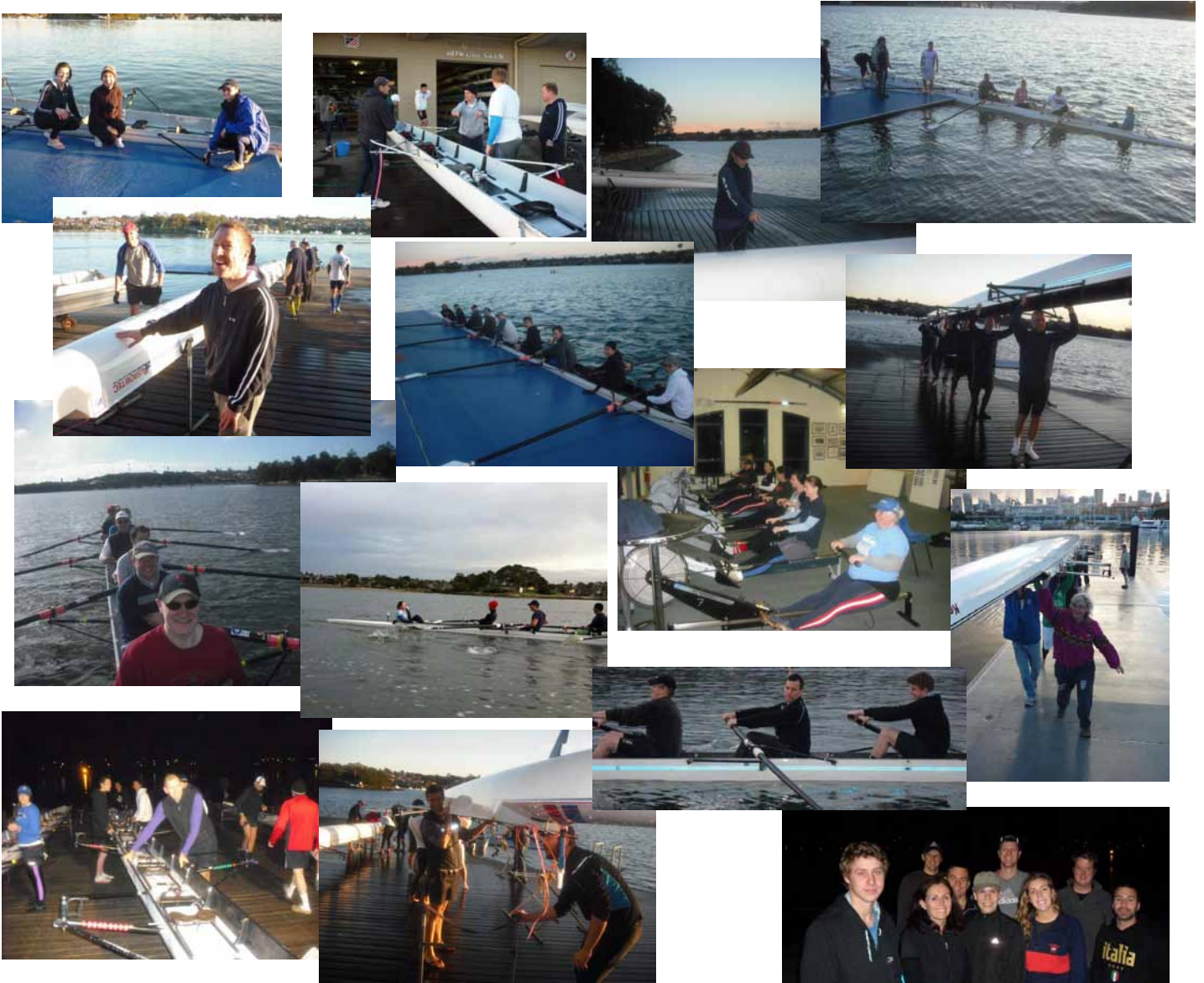
## LEICHHARDT ROWING CLUB - 1886-2010

### On These Bright Waters...

The Club has been formed without regard to the condition of life of those who become members of it and, as the address presented to me expresses it, the manual labourer and the brainworker row side by side in the same boat. Well, that is exactly how it should be—not only on these bright waters but on shore.

*Sir Henry Parkes, Premier, New South Wales*

*Opening Day, Leichhardt Rowing Club, 24 September 1887*



***Photos, videos, results. See all the action of the LRC Corporate Regatta on the Lrc website [www.lrc.com.au](http://www.lrc.com.au). We'll have a photographer at the course but we'd love to see your photos of the day as well. Please send your photographs to [admin@lrc.com.au](mailto:admin@lrc.com.au) and we'll put them up on the website or provide links to videos for everyone to view, download and share.***

***THANK YOU FOR BEING PART OF THE LEICHHARDT ROWING CLUB CORPORATE CHALLENGE 2011. WE HOPE YOU'VE ENJOYED YOUR TIME AT LRC AND WE LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR!***



# Race Program

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
<b>Heat 1 - 8.30am</b>	Chicks Afloat (GO)	Regener8 (14)	HDY Clean Sweeps (12)	LRC Ladies (6)	
<b>Heat 2 - 8.55am</b>	HDY Pumping Oars (11)	Abi-gr8 (7)	Down on Bow (GO)	Lunchtime Legends (10)	
<b>Heat 3 - 9.20am</b>	Guys Guys (3)	NSW maROWtime (4)	Kiss My Stern (6)	Pymble Wizards (GO)	
<b>Semi 1 - 9.50am</b>	Regener8 (14)	HDY Pumping Oars (13)	Guys Guys (7)	Chicks Afloat (GO)	
<b>Semi 2 - 10.10am</b>	HDY Clean Sweeps (4)	NSW maROWtime (GO)	LRC Ladies (Go)	Abi-gr8 (1)	
<b>Semi 3 - 10.30am</b>	Pymble Wizards (1)	Down on Bow (GO)	Kiss My Stern (8)	Lunchtime Legends (10)	
<b>Lawyers Final 11.00am</b>	HDY Pumping Oars (1)	HDY Clean Sweeps (GO)			
<b>General Final 11.20am</b>	NSW maROWtime (5)	Regener8 (11)	Pymble Wizards (GO)	Lunchtime Legends (9)	LRC Ladies (3)
<b>Construction Final 11.40am</b>	Chicks Afloat (GO)	Abi-gr8 (9)	Guys Guys (7)	Down on Bow (2)	Kiss My Stern (10)
<b>Leichhardt Plate 12.00pm</b>					
<b>Leichhardt Cup 12.25pm</b>					

## Construction

Abigroup: "Abi-gr8"  
 CIP: "Down on Bow"  
 TCA: "Chicks Afloat"  
 TCA: "Guys Guys"  
 TCA: "Kiss My Stern"

## Lawyers

HDY: "HDY Clean Sweeps"  
 HDY: "HDY Pumping Oars"

## General

Joeys "Regener8"  
 LRC: "LRC Ladies"  
 LRC: "Lunchtime Legends"  
 NSW Maritime: "NSW maROWtime"  
 Pymble: "Pymble Wizards"